

Surname	Centre Number	Candidate Number
Other Names		0



GCSE – LEGACY

4723/01



FRIDAY, 14 JUNE 2019 – AFTERNOON

HEALTH AND SOCIAL CARE
UNIT 3: Maintaining Health and Well-being

1 hour 15 minutes

For Examiner's use only		
Question	Maximum Mark	Mark Awarded
Section A	1.	9
	2.	8
	3.	13
Section B	4.	15
	5.	15
	6.	20
Total	80	

INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen.
Do not use pencil or gel pen.
Do not use correction fluid.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer **all** questions.

Write your answers in the spaces provided in this booklet.

If you run out of space, use the additional pages at the back of the booklet, taking care to number the question(s) correctly.

INFORMATION FOR CANDIDATES

Section A: 30 marks

Section B: 50 marks

The number of marks is given in brackets at the end of each question or part-question.

You are reminded of the necessity for good English and orderly presentation in your answers.

Assessment will take into account the quality of written communication used in your answers.



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SECTION A (30 marks)*Answer all questions from this section.*

1. A local GP surgery provides immunisations.

- (a) (i) In the table below, **tick (✓) two** groups of people who are most likely to be immunised. [2]

Groups	Tick (✓)
Infants	
Diabetics	
Holiday makers	
Pregnant women	


- (ii) Select **one** of the groups you have ticked and explain why they are most likely to be immunised. [2]

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- (b) **Circle**  **one** of the words below to identify how immunisation protects individuals. [1]

Prevention**Monitoring****Treatment**

(c) The surgery also runs a child health clinic.

Describe **two** benefits of a child health clinic.

[4]

Benefit 1

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Benefit 2

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2.



Chelsea works in a residential home as a care assistant. When helping to move residents, Chelsea must follow health and safety regulations for safe lifting and handling.

- (a) Name the national organisation which sets out work-related health and safety guidelines. [1]

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- (b) Explain how incorrect lifting and handling could affect individuals like Chelsea. [3]

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- (c) In the table below, tick (✓) **two** correct safe lifting and handling guidelines. [2]

Guideline	Tick (✓)
Keep your back straight	
Bend your knees	
Bend your back	
Try moving an individual on your own before getting help	



(d) Describe the purpose of **one** mobility aid.

[2]

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3. (a) First aid kits are often found in homes and workplaces.

Explain the use of the first aid kit items illustrated in the table below.

Item	Use
<p>Thermometer</p> 	<p>(i)</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>[2]</p>
<p>An ice/cold pack</p> 	<p>(ii)</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>[2]</p>
<p>Disposable gloves</p> 	<p>(iii)</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>[2]</p>
<p>Triangular bandage</p> 	<p>(iv)</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>[2]</p>
<p>Antiseptic cleansing wipes</p> 	<p>(v)</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>[2]</p>



- (b) PPE (personal protective equipment) items such as disposable gloves are also used to ensure food safety.

Other than disposable gloves, identify **one** PPE item that could be used to ensure food safety. [1]

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- (c) In the table below, **tick (✓) two** statements that are **not** a part of effective hand washing. [2]

Statement	Tick (✓)
Dry hands with a disposable towel	
Use hot water, not soap	
Wash the backs of hands	
Use hand gel instead of washing	
Rinse off soap with clean water	



SECTION B (50 marks)

Answer all questions from this section.

4.



Source: NSPCC 2017

Talk PANTS is an NSPCC campaign. It teaches children important messages, such as that their body belongs to them and they should tell an adult if they are upset or worried.

(a) Describe the type of ill-treatment the *Talk PANTS* campaign aims to stop. [2]

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(b) Discuss how ill-treatment can affect a child's intellectual, emotional and social health and well-being.

(i) Intellectual [3]

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(ii) Emotional

[3]

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(iii) Social

[3]

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(c) Explain why children may be at risk of ill-treatment.

[4]

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5. (a) Identify and describe **two** screening tests used to detect cancer in women. [4]

Screening test 1

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Screening test 2

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(b) Mobile screening programmes have proved successful.
Discuss the benefits of mobile screening services. [5]

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(c) The National Chlamydia Screening Programme has also proved successful.

(i) Describe the aims of the National Chlamydia Screening Programme. [3]

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(ii) Explain the effects of chlamydia on an individual's health and well-being. [3]

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