Surname	Centre Number	Candidate Number
Other Names		0



GCSE - LEGACY

4723/01



# FRIDAY, 14 JUNE 2019 – AFTERNOON

## **HEALTH AND SOCIAL CARE UNIT 3: Maintaining Health and Well-being**

1 hour 15 minutes

	For Exa	aminer's us	e only
	Question	Maximum Mark	Mark Awarded
Section A	1.	9	
	2.	8	
	3.	13	
Section B	4.	15	
	5.	15	
	6.	20	
	Total	80	

#### **INSTRUCTIONS TO CANDIDATES**

Use black ink or black ball-point pen.

Do not use pencil or gel pen.

Do not use correction fluid.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer all questions.

Write your answers in the spaces provided in this booklet.

If you run out of space, use the additional pages at the back of the booklet, taking care to number the question(s) correctly.

#### INFORMATION FOR CANDIDATES

Section A: 30 marks Section B: 50 marks

The number of marks is given in brackets at the end of each question or part-question.

You are reminded of the necessity for good English and orderly presentation in your answers. Assessment will take into account the quality of written communication used in your answers.



## **SECTION A (30 marks)**

Answer all questions from this section.

**1.** A local GP surgery provides immunisations.

(ii)

(a) (i) In the table below, **tick (/) two** groups of people who are most likely to be immunised. [2]

Groups	Tick (√)
Infants	
Diabetics	
Holiday makers	
Pregnant women	

	 	•••••
immunised.		[2

Select one of the groups you have ticked and explain why they are most likely to be



(b)

		ΠE
(c)	The surgery also runs a child health clinic.	
	Describe <b>two</b> benefits of a child health clinic. [4	]
	Benefit 1	
	Benefit 2	



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Turn over. (4723-01)

2.



Chelsea works in a residential home as a care assistant. When helping to move residents, Chelsea must follow health and safety regulations for safe lifting and handling.

(a)	Name the national organisation which sets out work-related hea	alth and safety o	juidelines. [1]
(b)	Explain how incorrect lifting and handling could affect individua	ls like Chelsea.	[3]
(c)	In the table below, tick (/) <b>two</b> correct safe lifting and handling	guidelines.	[2]
	Guideline	Tick (/)	
	Keep your back straight	Tick (/)	
	Keep your back straight Bend your knees	Tick (/)	
	Keep your back straight	Tick (/)	



(d) Describe the pu	rpose of <b>one</b> mobility aid.	[2]	Examiner only
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Turn over.

<b>3</b> . (a)	First aid kits	are often	found in	homes	and workplac	es.
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Explain the use of the first aid kit items illustrated in the table below.

Item	Use
Thermometer	(i)
ac ba	
REGE!	
	[2]
An ice/cold pack	(ii)
	[2]
Disposable gloves	(iii)
all offer	
	[2]
Triangular bandage	(iv)
c. and the second	
	[2]
Antiseptic cleansing wipes	(v)
Anti-	
	[2]



(c)	In the table below, <b>tick</b> (/) <b>two</b> statements that are <b>not</b> a part of e	effective han	d washing. [2]
	Other than disposable gloves, identify <b>one</b> PPE item that could be safety.	e used to e	nsure food [1]
(D)	ensure food safety.	lioves are als	so used to

Statement	Tick (√)
Dry hands with a disposable towel	
Use hot water, not soap	
Wash the backs of hands	
Use hand gel instead of washing	
Rinse off soap with clean water	

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### **SECTION B (50 marks)**

Answer all questions from this section.

4. TEACH YOUR CHILD THE UNDERWEAR RULE

> AND YOU'VE GOT IT COVERED!

> > Source: NSPCC 2017

**EVERY CHILDHOOD IS WORTH FIGHTING FOR** 

Talk PANTS is an NSPCC campaign. It teaches children important messages, such as that their body belongs to them and they should tell an adult if they are upset or worried.

(a)	Describe the type of ill-treatment the <i>Talk PANTS</i> campaign aims to stop.	[2]
•••••		
••••		
•••••		•••••••••••
(b)	Discuss how ill treatment can affect a child's intellectual emotional and assial has	alth and
(b)	Discuss how ill-treatment can affect a child's intellectual, emotional and social heatwell-being.	aitii aiiu
	(i) Intellectual	[3]
	() menocial	اما
	(r) Interiordia.	[0]
	(//	
		[0]
		[4]
		[9]
		[9]



	(ii) Emotional	[3]
	(iii) Social	[3]
-1	Explain why children may be at rick of ill treatment	[A]
c)	Explain why children may be at risk of ill-treatment.	[4]



5.	(a)	Identify and describe <b>two</b> screening tests used to detect cancer in women.	[4]
		Screening test 1	
		Screening test 2	
	(b)	Mobile screening programmes have proved successful.	
	(~)	Discuss the benefits of mobile screening services.	[5]
		Discuss the periodic of meshe concerning convices.	[0]
	•••••		•••••••••••••••••••••••••••••••••••••••
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(c)	The	National Chlamydia Screening Programme has also proved successful.	
	(i)	Describe the aims of the National Chlamydia Screening Programme.	
	•••••		•••
	•••••		•••
	(ii)	Explain the effects of chlamydia on an individual's health and well being	
	(ii)	Explain the effects of chlamydia on an individual's health and well-being.	
	•••••		
	•••••		
	**********		•••
	•••••		•••

6.	Health promotion and	I improvement methods	take many forms.
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(a) In the table below, **tick** ( ) the **incorrect** aim of health promotion.

[1]

Health promotion aim	Tick (√)
To reduce the risk of unhealthy behaviours to an individual's health	
To increase the amount of money an individual has to stay healthy	
To raise awareness of a healthy lifestyle	

- (b) For the health promotion methods below:
  - Identify the likely target audience
  - Explain why the method is relevant for this target audience

(i)	Health promotion method: An internet 'pop-up' advert about safe sex on a social media site.				
	Target audience	[1]			
	Explanation				

[3]



(ii)	Health promotion method:	
	A television advertisement on drink driving during the half-time break of a match.	rug
	Target audience	
	Explanation	
•••••		
(iii)	Health promotion method: A leaflet on healthy eating in the school bags of primary school children.	
	Target audience	
	Explanation	
•••••		
•••••		
•••••		

(c)	Discuss the use of health promotion and improvement methods to address the issue of obesity in the UK today. [7]
	END OF PAPER



Question number	Additional page, if required. Write the question number(s) in the left-hand margin.	Examine only
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Question number	Additional page, if required. Write the question number(s) in the left-hand margin.	Examiner only
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