

Surname	Centre Number	Candidate Number
Other Names		0



GCSE

4723/01



S18-4723-01

HEALTH AND SOCIAL CARE
UNIT 3: Maintaining Health and Well-being

TUESDAY, 19 JUNE 2018 – AFTERNOON

1 hour 15 minutes

For Examiner's use only		
Question	Maximum Mark	Mark Awarded
Section A	1.	13
	2.	7
	3.	10
Section B	4.	15
	5.	15
	6.	20
Total		80

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INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen.
Do not use pencil or gel pen.
Do not use correction fluid.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer **all** questions.

Write your answers in the spaces provided in this booklet.

If you run out of space, use the continuation pages at the back of the booklet, taking care to number the question(s) correctly.

INFORMATION FOR CANDIDATES

Section A: 30 marks

Section B: 50 marks

The number of marks is given in brackets at the end of each question or part-question.

You are reminded of the necessity for good English and orderly presentation in your answers.

Assessment will take into account the quality of written communication used in your answers.



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SECTION A (30 marks)*Answer all questions from this section.*

1.



- (a) In 2014, around 429 child pedestrians (aged 8-11) were killed or seriously injured on Britain's roads.

Explain why children are at greater risk than adults of having an accident on the road.

[2]

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- (b) The *Green Cross Code* helps children to keep safe on the road.

In the table below, using the numbers 1 to 5, identify the correct order of the following statements.

[5]

Keeping safe on the road	Correct order (1 - 5)
(i) Look all around for traffic and listen	
(ii) Find the safest place to cross	
(iii) Stop just before the kerb	
(iv) When it is safe, go straight across the road, keep looking and listening	
(v) If traffic is coming, let it pass	



- (c) In the table below, identify whether the place shown in the pictures is safe for crossing the road and give **one** reason for your answer.



Using a footbridge

(i) Safe place
(yes or no):

..... [1]

(ii) Reason:

.....
.....
.....
.....
..... [1]



Crossing the road between
parked cars

(iii) Safe place
(yes or no):

..... [1]

(iv) Reason:

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..... [1]



Crossing the road before the
brow of a hill

(v) Safe place
(yes or no):

..... [1]

(vi) Reason:

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..... [1]



2. (a) Care workers use PPE while caring for their service users.

(i) State what PPE stands for.

[1]

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(ii) Describe **one** benefit for a care worker of using PPE.

[2]

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(b) A practice nurse uses PPE when carrying out cervical screening tests.

[1]

In the table below, **tick** (✓) the correct reason for screening.

Reason for screening	Tick (✓)
To test individuals for the presence of a disease	
To help individuals understand a disease they may have	
To identify which individuals are at risk of getting a disease	



(c)

**Single use only**

PPE regulations state that items such as gloves and plastic aprons are for 'single use only'.

(i) State what the term 'single use only' means. [1]

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(ii) Explain the benefits of 'single use' PPE items. [2]

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3. Sandra works in a day nursery. She wants to arrange a visit to a local park for the children.

(a) Explain the benefits of undertaking a risk assessment for this visit. [3]

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(b) Sandra has completed the risk assessment. She has identified several risks.

Explain how the following could put the children at risk.

(i) The park gate is broken: [2]

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(ii) There is broken glass near the swings: [2]

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(iii) There are not enough staff available to go on the visit: [2]

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- (c) Sandra has decided to take the children to the park in a minibus.
State **one** way Sandra can ensure the safety of the children in the minibus.

[1]

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SECTION B (50 marks)*Answer all questions from this section.*

4. Shareen is first aid trained and works in a restaurant. She noticed an adult customer choking and went to help.

(a) Identify **one** action Shareen should **not** take and give **one** reason for your answer.

(i) Action: [1]

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(ii) Reason: [1]

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- (b) When sharp blows between the customer's shoulder blades did not stop the choking, Shareen carried out abdominal thrusts (Heimlich manoeuvre).

Describe the first aid procedure for abdominal thrusts (Heimlich manoeuvre). [5]

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- (c) A week later, the customer, Ron, returned to the restaurant. Ron said Shareen had injured him. He pushed Shareen over, threatened her and was verbally aggressive.

Discuss the effect of Ron's behaviour on Shareen's health and well-being. [8]

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5. For the following three health promotion images:

- explain the message
- identify the target audience
- explain how the current health guidance relates to the target audience

(a)



Anti-smoking campaign

(i) Explain the message given by the image above: [2]

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(ii) Identify the target audience: [1]

(iii) Explain how current health guidance relates to the target audience: [2]

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(b)



FAT CHANCE

Obese children are a good bet for type 2 diabetes, heart disease, stroke, cancer, sleep apnea, depression.

Campaign against childhood obesity

- (i) Explain the message given by the image above: [2]

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- (ii) Identify the target audience: [1]

- (iii) Explain how current health guidance relates to the target audience: [2]

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(c)

A GIRL HAS A...

		
1 IN 280,000 chance of being struck by lightning	1 IN 5,000,000 chance of getting hit by a meteorite	1 IN 13,983,816 chance of winning the lottery on a single ticket


1 IN 3
chance of getting pregnant before 18

Campaign to reduce teenage pregnancy

(i) Explain the message given by the image above: [2]

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(ii) Identify the target audience: [1]

(iii) Explain how current health guidance relates to the target audience: [2]

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6.



Over 2.7 million people have joined the government's Change4Life campaign – *Eat Well, Move More, Live Longer*.

- (a) The Change4Life campaign aims to encourage individuals to take responsibility for their own lifestyle choices.

Explain why the government wants individuals to take responsibility for their own lifestyle choices. [4]

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(b) Explain how the following lifestyle choices may be of benefit to an individual's health.

(i) Healthy eating: [5]

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(ii) Regular exercise: [5]

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- (c) The government also supports immunisation programmes for individuals throughout their lives. Using examples, discuss the importance of immunisation programmes for individuals. [6]

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