

Surname	Centre Number	Candidate Number
Other Names		0



GCSE

4723/01



HEALTH AND SOCIAL CARE
UNIT 3: Maintaining Health and Well-being

WEDNESDAY, 21 JUNE 2017 – AFTERNOON

1 hour 15 minutes

For Examiner's use only		
Question	Maximum Mark	Mark Awarded
Section A	1.	12
	2.	10
	3.	8
Section B	4.	15
	5.	15
	6.	20
Total	80	

INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen.
Do not use pencil or gel pen.
Do not use correction fluid.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer **all** questions.

Write your answers in the spaces provided in this booklet.

If you run out of space, use the continuation pages at the back of the booklet, taking care to number the question(s) correctly.

INFORMATION FOR CANDIDATES

Section A: 30 marks

Section B: 50 marks

The number of marks is given in brackets at the end of each question or part-question.

You are reminded of the necessity for good English and orderly presentation in your answers.

Assessment will take into account the quality of written communication used in your answers.



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SECTION A (30 marks)*Answer all questions from this section.*

1. Tammy is 33 years old. She is the mother of two young children.

- (a) In the table below, **tick (✓)** the **two** screening services Tammy is likely to have during her lifetime. [2]

Screening service	Tick (✓)
Mammogram	
Prostate test	
Cervical smear test	

- (b) Describe the services that the clinics below can provide for Tammy.

(i) Well woman clinic [2]

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(ii) Family planning clinic [2]

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(c) Tammy received care during and after her pregnancies.

State whether the following statements are true or false.

[3]

Care received	True or False
(i) Ante-natal care is given before a woman is pregnant.	
(ii) Ante-natal care is given to a woman after the birth of her child.	
(iii) Post-natal care includes advice on breast feeding.	

(d) Tammy's children were immunised.

(i) State **one** reason for immunising children.

[1]

.....

(ii) **Circle** **two** diseases for which immunisation is available.

[2]

Mumps

Diabetes

Meningitis

HIV

2. Amina is 15 years old. She was attacked and injured on her way home from school. Her family treated her injuries at home.

(a) Describe the basic first aid procedures for the following:

(i) Shock

[2]

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(ii) Bleeding to the hand

[2]

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(iii) Minor head injury

[2]

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(b) Identify **one** national organisation which could provide first aid training.

[1]

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(c) Amina did not defend herself when she was attacked.

Explain whether Amina had the right to defend herself.

[3]

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3.



(a) *Safe, Sensible, Social* is a national alcohol strategy health promotion message. Explain the *Safe, Sensible, Social* message. [3]

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(b) Explain why there would be an increase in health promotion in relation to alcohol over the Christmas period. [3]

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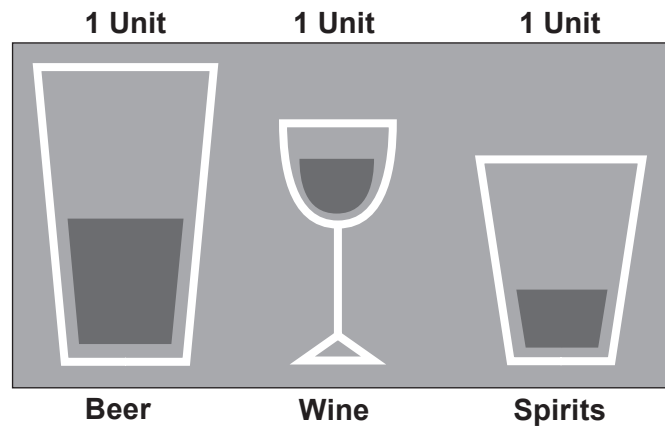
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(c)



The government sets guidelines for the safe consumption of alcohol.

- (i) **Circle** the correct maximum number of units it is safe to drink in a week. [1]
- 6 10 14 24**

- (ii) The government has set targets for reducing the consumption of alcohol in a target audience.

In the table below, **tick (✓)** to identify what is meant by the term 'target audience'. [1]

	Tick (✓)
A group of people identified as being at risk from drinking too much alcohol.	
A group of people who have been identified as not being at risk from drinking too much alcohol.	
A group of people involved in the advertising of alcohol.	



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SECTION B (50 marks)

Answer all questions from this section.

4. Jay is 10 years old. He has had his weight and height measured in school.

(a) Name the health programme in which Jay has participated. [1]

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(b) Explain **three** reasons for measuring the weight and height of children.

(i) Reason 1 [2]

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(ii) Reason 2 [2]

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(iii) Reason 3 [2]

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(c) Assess the ways in which an individual can take responsibility for improving their health. [8]

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5. Cole works in a kitchen, where he prepares food.

(a) Name the regulations Cole should be aware of when working in the kitchen. [1]

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(b) Identify **one** group of people whose health may be at an increased risk if food is not prepared safely. [1]

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(c) Cross-contamination is one way food may become unsafe to eat.

(i) Define the term 'cross-contamination'. [2]

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(ii) Describe **three** ways in which cross-contamination of food can be prevented.

I. [2]

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II. [2]

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III. [2]

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(d) Good personal hygiene is required when working in a kitchen.

Discuss the ways Cole can ensure he meets these requirements. [5]

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6. Patrick is thirteen years old. He lives in a care home run by the local authority. Other children in the care home call him names because he looks different. Patrick is upset by this but he is frightened of telling the care home staff.

(a) Using the information above, identify **two** types of ill-treatment experienced by Patrick. [2]

(i)

(ii)

(b) (i) Explain why Patrick may be at an increased risk of ill-treatment. [4]

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(ii) Identify **two** other groups of people who may be at risk of ill-treatment, and explain why they are at risk.

I. Group 1 [1]

II. Explanation [2]

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III. Group 2 [1]

IV. Explanation [2]

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